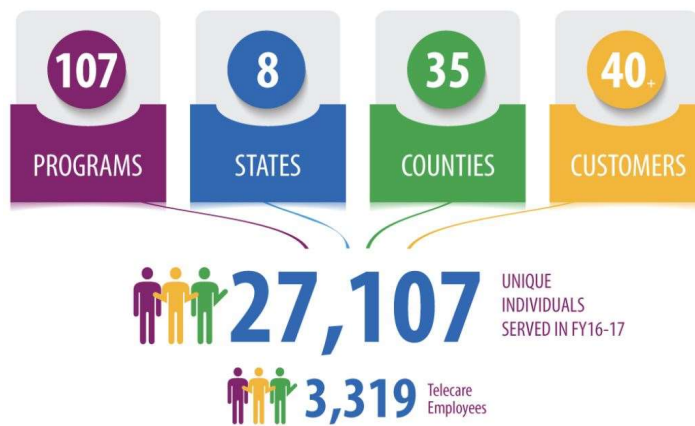


Since 1965 Telecare has continually evolved to better serve and support people with serious mental illness (SMI) and complex needs. We specialize in serving adults, older adults, and adolescents, particularly those with co-occurring issues such as physical health conditions, issues related to substance use, histories of criminal justice involvement or incarceration, developmental disabilities, or complications with aging.

Here is a snapshot of Telecare today, including our size and scope, and the current mix of populations, programs, and customers we serve.



A few recent innovations include:

PAY FOR SUCCESS

In 2017 Telecare opened the nation’s first mental health Pay for Success (PFS) program in Santa Clara County, California called Partners in Wellness. In its first year of operation the program exceeded expectations for cost savings. For more information:

http://bit.ly/Telecare_PFS



WHOLE PERSON CARE

Telecare is preparing for integrated care by piloting innovative data-drive programs with health plans as well as investing in workforce development within our base business (see back page). Information can be found at:

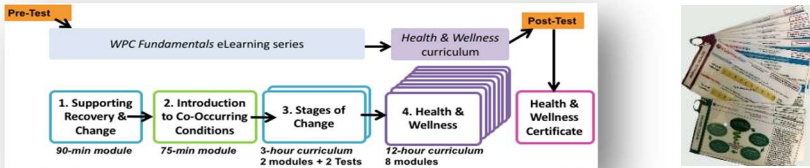
http://bit.ly/Telecare_WPCnewsletter

GRATITUDE “GARDENS”



The benefits of practicing gratitude are well documented – gratitude improves sleeping habits, lowers blood pressure, and can significantly increase life satisfaction and a sense of well being. For info about an easy way our staff and clients have been practicing gratitude: http://bit.ly/Telecare_GratitudeGarden

1) 19 hours of interactive learning, with laminated reference cards summarizing critical facts:



2) Education handouts related to 6 common Medical Conditions

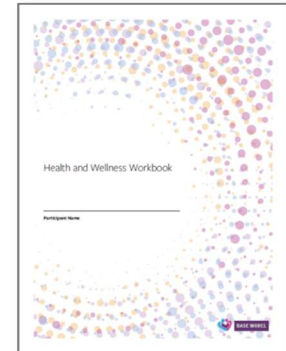
- Diabetes**
- Cholesterol**
- Asthma & COPD**
- Blood Pressure**
- Body Weight**
- Stress Response**

Each condition has:

1 Fact sheet

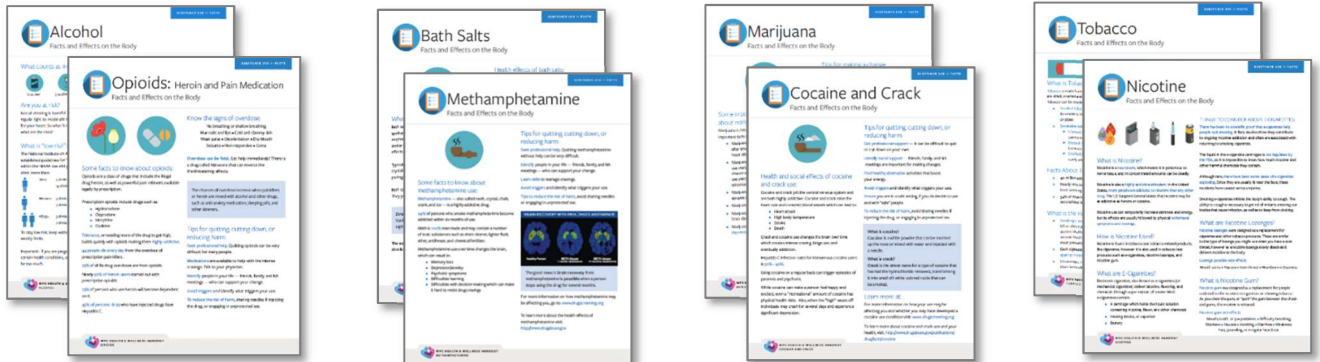
1 What You Can Do handout

PLUS: 1 Workbook
Health & Wellness



3) Educational handouts related to Substance Use.

8 Fact sheets for Clients



3 What You Can Do handouts for Clients

2 Quit Plans

