WORKFORCE SOLUTIONS JAM

NOVEMBER 17, 2026



ENHANCING CLINICAL PRACTICE THROUGH TECHNOLOGY

NATIONAL COUNCIL for Mental Wellbeing | HMA | The College for Behavioral Health Leadership

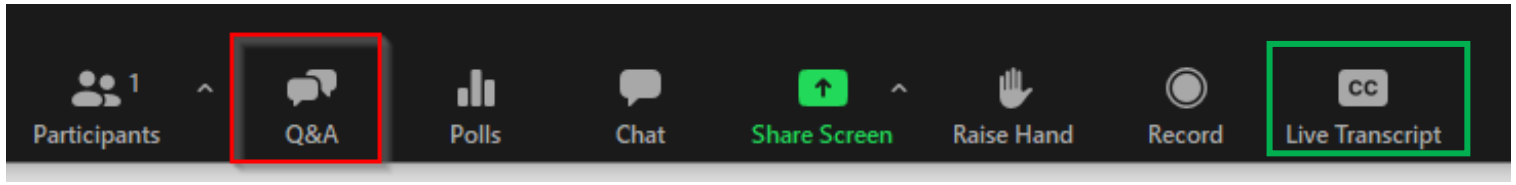
Housekeeping & Accessibility

- Please introduce yourself in chat: Name, location, organization
- A recording and slides will be emailed to you within the week
- ASL interpretation is being provided at this event - the ASL interpreter will be spotlighted
- Live captioning is available – click the "show captions" button to see the transcript
- If you have technical difficulty, please chat "Hosts and Panelists" to try to troubleshoot
- Q&A is available – click on the Q&A feature to ask a question or upvote

Live ASL interpretation provided by:

Language World

(916) 333 5247
info@languageworld.com



Chat Code of Conduct

Welcome! This is a respectful, inclusive space for shared learning.

Engagement is encouraged – please share resources and reflections in chat!

Please keep comments:

- **Relevant** to the topic
- **Respectful** of all identities and perspectives
- **Free of hate speech, spam or promotions**



Inappropriate comments will be removed.

Thanks for contributing to a thoughtful discussion!



NATIONAL COUNCIL
for Mental Wellbeing

HMA

The College for Behavioral
Health Leadership

What is the Workforce Solutions Jam?

A monthly webinar to build national momentum and encourage collaboration through The Workforce Solutions Partnership

- Learn innovative new practices
- Stay informed about ongoing efforts
- Engage with subject matter experts
- Hear about new legislation
- Take action!


today:
Enhancing Clinical Practice Through Technology



Agenda

- Welcome
- Topic Introduction
- Innovative Insights
- Panel and Q&A
- Next Steps

Chat Waterfall – let's hear from you!



What do you love most about Technology ?

And…

What do you find most concerning?

1. Type in your answer in chat
2. Wait to hit enter until we say go!

Topic Introduction



INNOVATIVE INSIGHTS

Meet Our Innovative Insights Presenter…



Stephanie Skavenski van Wyk, MSW, MPH

Clinical Director at CETA Global and a Senior Research Associate in the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health

CETA GLOBAL

JOHNS HOPKINS BLOOMBERG SCHOOL of PUBLIC HEALTH

WORKFORCE SOLUTIONS JAM · NOVEMBER 17, 2026

Technology that helps good care go further



Stephanie Skavenski van Wyk, MSW, MPH

CETA Global · Johns Hopkins Bloomberg School of Public Health

Today.

One person. Multiple providers.
Multiple waitlists. Disconnected care.

People navigate the gaps.
Your system pays for the duplication.





What if behavioral healthcare worked more like cancer care?

A single coordinated care pathway for each person driven by their unique co-occurring conditions and needs.



Validated assessment

- Personalized Care Pathway
- Continuous measurement
- Evidence-based treatment delivered by one provider.
- Path adapts as needs change
- Clearer, faster, visible progress for all

CETA

YOUTH & ADULT TREATMENT

Designed to alleviate the workforce crisis.

Licensed and paraprofessionals working seamlessly together.



CETA
Assessment & Triage

Validated. Transdiagnostic. Guides the appropriate level of care.

Specialist or other services if indicated.

CETA 5

Trained paraprofessionals
Lower severity.
Prevention. Psychosocial.
Evidence based.



ONE SHARED CLINICAL FOUNDATION

Training | Supervision | Measurement

CETA 10

Trained licensed providers
Moderate to significant severity.
Clinical expertise where it's needed most.
Evidence based.



80–90% of cases



And the built-in measurement you need to track impact at scale.

- → Longitudinal impact monitoring across populations and implementations
- → Solves for fidelity problems seen with EBTs and reporting challenges

CETA

EBT-SIM · AI TRAINING SIMULATOR

Practice the hard moments before real clients.

- An AI client responds to what the provider says
- A coach guides in the moment
- An evaluator scores the skill, so they try again

Adds to supervision. Does not replace it.



CETA GLOBAL

With 20 years of evidence and over eight clinical trials.

U.S. IMPLEMENTATION EXAMPLE

1.5X

More people get better.

CETA's improvement or recovery rate compared with traditional care sites in the same urban area.*

9.8

In fewer sessions.

Average CETA sessions to discharge vs. the 25–50 sessions with traditional care.**

JOHNS HOPKINS OVER EIGHT RANDOMIZED TRIALS

Zambia

Partner violence and alcohol use fell, and gains held at 2 years.

Thailand–Myanmar

Depression down 77%, vs. 40% on the waitlist.

Southern Iraq

Large effects on every outcome; CPT's were moderate.

*n=3,372 clients with OQ use. Discharged subset estimated at 66% of clients (~2,226). Weber's improvement/recovery rate = 58%. Utah urban



CETA GLOBAL

Get better sooner.
Stay better longer.
Wherever you are.



LEARN MORE

cetaglobal.org

info@cetaglobal.org

Meet Our Panelists



Chris Thompson

Founder of Sober Sidekick and Chief Executive Officer of Empathy Health Technologies



Jason Hutchinson

Vice President of Technology & AI Enablement, Meadows Institute

TAKEAWAYS & REFLECTION

We want your feedback!



Scan the QR code, or type this link into your browser:

https://www.surveymonkey.com/r/HHFY666

Have a suggestion for a future presentation?

Scan the QR code, or type this link into your browser:

https://www.surveymonkey.com/r/workforcesolutionsjam

JOIN US AT THE NEXT WORKFORCE SOLUTIONS JAM!

January 19, 2027

at 10:00am PT / 1:00pm ET

NATIONAL COUNCIL for Mental Wellbeing | HMA | The College for Behavioral Health Leadership